



# ComLine

Adult Children of Alcoholics  
*Experience, Strength & Hope*

Volume 26, Number 6

2010 ABC

## ***Annual Business Conference “Special Issue”***

The 2010 Annual Business Conference of Adult Children of Alcoholics was held April 23-25, 2010, in Tulsa, Oklahoma. Twenty-four ACA members from seven US states and Denmark were in attendance. Four items of business were considered by the conference this year. Detailed minutes of the ballot item discussions are offered on pages 4 and 5 of this special issue. Briefly, however, delegates voted to 1) approve a draft Sponsorship Workshop pamphlet for use and comment by the fellowship, 2) approve a draft Sponsorship pamphlet for use and comment by the fellowship, 3) establish a Sponsorship Sub-Committee under the current ACA WSO Outreach Committee, and 4) create an ACA Group Inventory document for fellowship use. The conference also heard annual reports from the ACA WSO Chairman and Committee representatives. Highlights of these informative reports can be found on pages 10 and 11.

Each year, prior to the conference weekend, the ACA fellowship is invited to participate in the ABC process in two ways. First, each Fall, registered ACA groups are asked to submit proposed items of business to the ABC Committee. Then, each Spring, proposed business items are compiled into a Group Conscience Survey Ballot and are re-circulated to the full fellowship. Each registered group is requested to discuss the merits of the proposed items and to vote as to whether each item should be included on the agenda of the next Annual Business Conference. Items supported by at least 2/3 of the group ballots returned are then discussed and voted on by the group delegates in attendance at the ABC.

This year, 107 groups voiced their opinions by returning a Group Conscience Survey ballot. This is a 70% increase from ballots returned last year, and may be the first time since the early 1990s that more than 100 ACA groups have participated in the ABC process. Ballots were returned from face-to-face meetings, telephone meetings, and Intergroups in 30 US states. Ballots were also submitted by ACA meetings and Intergroups in Australia, Canada, Denmark, Ireland, Israel, Japan, Netherlands, Norway, and Spain. The number of voting delegates pre-registered to attend this year's ABC was also up 100% from last year.

I was honored to be a part of our 28<sup>th</sup> Annual Business Conference, and I thank everyone who took the time and made the effort to participate this year, either by proposing business, submitting a group conscience vote, or making the journey to Tulsa to be a part of the fellowship's decision making process. I hope that this Special Issue inspires you to be a part of the 2011 Annual Business Conference of your ACA fellowship!

With gratitude, Rachele V., 2010 ABC Committee Chair

### About ACA

Adult Children of Alcoholics is a Twelve Step, Twelve Tradition program of women and men who grew up in an environment of addictiveness (alcohol or other substances) or in otherwise dysfunctional homes. Our willingness and resiliency bring us together.

We share our experience, strength, and hope to validate our experience as well as give some hope to the new member. We take positive action in our lives today. By practicing the Twelve Steps, focusing on “The Solution”, and accepting a loving Higher Power of our own understanding, we find freedom from the past and a way to improve our lives.

For more information, please visit:  
[www.adultchildren.org](http://www.adultchildren.org)

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For complete information about the 2010 Annual Business Conference of Adult Children of Alcoholics, please visit:  
[www.acawso.com/abc](http://www.acawso.com/abc)

## Adult Children of Alcoholics World Service Organization (ACA WSO) Annual Report to the Fellowship– April 23, 2010

Dear Annual Business Conference,

Welcome to the 2010 Annual Business Conference of Adult Children of Alcoholics. I would like to make a few comments about ACA's growth during the past year. I will start with Tulsa, Oklahoma, which has seen a significant increase in the number of ACA members and ACA meetings in the past few years. Tulsa has three established ACA groups. This is remarkable because just four years ago, Tulsa had one meeting with just a handful of dedicated member holding on for better times. These dedicated members remained faithful just like dedicated members held on across the world to help ACA rebuild. Tulsa's sister city, Oklahoma City, has also seen an increase in the number of new ACA meetings. As I said, this rebirth is across the world.

We are grateful to the Tulsa groups for hosting this conference. As chair of ACA WSO, I welcome the group and Intergroup delegates and guests. As we open the Annual Business Conference, I would like to make a few additional observations about the progress of the Adult Children of Alcoholics Fellowship in 2009.

During the past year, we saw several historic accomplishments that included the one-year anniversary of re-opening the ACA World Service Office. We closed the office in 1994 due to declining revenues. But we reopened the office officially in February 2009 and it has remained open for more than a year. Our staff and volunteer workers are doing a great job in shipping literature, updating meeting information, and answering emails and phone calls pertaining to ACA and our program.

As stated, we saw the registration of new ACA groups across the world in 2009, bringing the total count to about 750 meetings and groups, up from about 600 ACA groups a few years ago. There are new face-to-face meetings, telephone meetings and online meetings. These new groups are using the ACA meeting format and adhering to the Twelve Steps and Twelve Traditions of ACA. Most of the new meetings are using the ACA Fellowship Text or ACA workbook as their main piece of meeting literature.

An additional milestone reached in 2009 included another record year for revenues from book sales, group donations and other literature. During the 12-month calendar year, ACA WSO received \$210,064 in revenues compared to \$166,175 the year before. The revenues also include \$18,249 in 7<sup>th</sup> Tradition contributions compared to \$10,648 the year before. This is a 71 percent increase in group donations from the previous year.

Just as we had record revenues, we also had record expenditures which were necessary to reopen our office, print literature and to serve the needs of the fellowship. During 2009, we had \$210,340 in expenses. However, our revenues remain strong, and we are facing 2010 with great hope and meaning.

On a personal note, I want to thank each ACA member who has stood by our fellowship since our first meeting. We have a rich fellowship history, and I plan to write some articles for the ComLine this year sharing what I know of this history. I have had the honor to be involved with the ACA WSO fellowship since June 1988, when I attended my first meeting in Raleigh, North Carolina. I went there having well planned out my own suicide. Sometime I'll share with you what happened to me at that meeting that has kept me coming back, staying involved in service work, and doing everything I can humanly do to help ensure that ACA will be alive and growing 200 years from now.

Since I know that family dysfunction and alcoholism can seem to skip many generations (and knowing that my family has had the alcoholic gene since Jesus first turned water into wine!), I have hope that someday some grandchild of mine just may need an ACA meeting to give them hope and a life, too. I owe my life to this fellowship, and so I will protect it with my every fiber.

It has been an honor to serve and watch ACA grow. When I look at where we probably will be when my term of service is up, I am just amazed. HP is ALL good and ALL IS good, IF we work the program!

Yours in recovery and service,

*Josie E., ACA WSO Chairman*

ComLine is published thirteen times per year by ACA's World Service Organization (WSO). ComLine is intended as a communication line from WSO to the fellowship of ACA around the world, and as a forum for the fellowship to share their experience, strength, and hope in recovery. The opinions expressed are those of the individual writing the article and do not necessarily reflect the opinion of the ACA fellowship or WSO.

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## Annual Business Conference of Adult Children of Alcoholics - Agenda Highlights -

### Friday, April 23<sup>rd</sup>

- 6:00 pm Opening of the 2010 Annual Business Conference of Adult Children of Alcoholics
- 7:30 pm Presentation of the ACA World Service Organization Annual Report- Josie E.  
Presentation of ACA WSO Committee Reports (Treasury, Literature, Outreach, Hospitals & Institutions, Handbook, and Web/Database)

### Saturday, April 24<sup>th</sup>

- 9:30 am Presentation of newly elected officers of the ACA WSO Board of Trustees  
Ratification of the 2010 ACA WSO Board of Trustees
- 10:00 am Presentation of Group Conscience Survey ballot totals  
Discussion and voting on approved ballot items

### Saturday (continued)

- 4:00 pm "ACA Unity and Consistency": group discussion of ACA's singleness of purpose and fellowship message
- 5:30 pm Close of business for the 2010 ACA Annual Business Conference

### Sunday, April 25<sup>th</sup>

- 9:00 am Review of ACA World Service Organization goals for 2010  
Discussion of ACA WSO service opportunities
- 10:00 am Annual in-person meeting of the ACA WSO Board of Trustees  
Review 2010 ABC motions for possible action  
Elect Committee Chairs
- 2:00 pm Regular ACA meeting of the Tulsa "Original Workbook Group"

## Summary Minutes of the 2010 ANNUAL BUSINESS CONFERENCE UUMC "Great Hall", 2915 E 5<sup>th</sup> Street, Tulsa, Oklahoma, USA

Twenty-four ACA members, representing seven US states and Denmark, were in attendance. Voting delegates included Scott R. (AZ065), Lise A. (IG040), Marcheita M. (MO008), Gayle W. (OK019), Gina G. (OK020), Joy C. (OK022), Omer G. (OK001), Bonnie K. (TX081), Laila G. (TX082), and Susan B. (TX073).

ACA World Service Organization board members in attendance were Josie E., Chairman, George S., Vice-Chairman and Hospitals and Institutions Chair, Linda L., Secretary and Outreach Committee Chair, Phyllis R., Treasurer, and Rachele V., 2010 ABC Committee Chair.

Conference visitors included Debi L., of Missouri; Dan S., Emily S., Leo D., Noel, and Yeshe D., of Oklahoma; and Nancy J., of Texas. Shelley M. (OK020) served as Chair of the Annual Business Conference proceedings.

### Friday, April 23, 2010

6:00 P.M.- The Annual Business Conference opened with the Serenity Prayer. ACA's Tradition One meditation was read. The ABC purpose and role were reviewed by reading OPPM Sec. XIX.a and ACA Concepts 6, 7, and 8.

6:30 P.M. - ACA's Commitment to Service was read and reviewed. All ACA group representatives (voting delegates) were recognized. ACA WSO staff, board members, and committee chairpersons were introduced. All other guests in attendance were recognized.

Omer G. nominated Shelley M. to be Chairperson for this year's ABC. Gail seconded that nomination. The vote was unanimous to accept this nomination.

7:00 - Omer G. read the overview of ACA's Twelve Traditions. Fellowship discussion included the reasoning behind, and importance of following, each of the Twelve Traditions.

7:30 P.M.- Josie E. presented the ACA WSO Annual Report and talked about the growth of ACA in the past year. She thanked the Tulsa groups for hosting this year's conference. She spoke about the one year anniversary of the re-opening of the ACA WSO office in Signal Hill, California, and talked about the number of new meetings opening around the world. She also summarized the increased revenue and expenses in the past year, and thanked all for the service work that has been provided to keep the fellowship alive and functioning well.

ACA WSO Committee reports were then given by the Committee Chairpersons present:

*Treasurer's Report:* Phyllis R. reported on the 2009-2010 finances. She also reminded the board that this was the last term she could serve on the board, as it is her 6th year of service.

*Literature Committee Report:* Michele L. was still on maternity leave, but did submit a written report included in the delegate packets.

*ACA Handbook Committee Report:* Omer G. reported on the past year's activities with the handbook, translations, and the Daily Meditations book in the works.

*Outreach Committee Report:* Linda L. reported on the increase in email and phone requests for information of all sorts; also included was the written report included in the delegate packets.

(continued...)

## Summary Minutes of the 2010 Annual Business Conference– continued...

*Hospitals & Institutions Committee Report:* George S. reported on the past year's efforts to reach out to these facilities. He also discussed a work in progress (H&I Pamphlet).

*OPPM Committee Report:* Lise A. reported on the work done to revise and update the OPPM.

*Website/Database Report:* Scott R. reported on the status of the ACA WSO website ([www.adultchildren.org](http://www.adultchildren.org)). Compared to last year, there are many more new forum members and far fewer forum and/or web site issues.

Conference ended for the evening with the Serenity Prayer.

### **Saturday, April 24, 2010**

9:00 A.M. - Meeting opened with the Serenity Prayer. ACA's Tradition Two meditation was read by George S. ACA's 12 Concepts were read by Linda L.

9:30 A.M. - Newly elected officers presented for ratification were George S. (as Vice Chairperson) and Linda L. (as returning Secretary). Omer G. made the motion to ratify both new officers. Lise A. seconded the motion. Motion passed unanimously.

10:00 A.M. - Rachele V. presented the Group Conscience Survey ballot totals. Each proposed business item received the 2/3 fellowship support required for further discussion and voting by delegates present at the ABC.

Presentation and voting on ballot items:

Ballot Item #1: Submitted by IL193 - Asking that a motion be made to create a Sponsorship Workshop with guidelines on how to be a sponsor or co-sponsor and a sponsee.

History: Group feels that "we" need to be able to share our experience, strength, and hope through sponsorship. It would be valuable to the membership to have a workshop showing how to accomplish that.

The conference heard great discussion of the many possibilities this could create, but also about how the other ballot items would "blend" if this workshop was created. Lise A. made the motion to create a Sponsorship Workshop. Joy seconded.

More discussion followed regarding the need for increased communication and for possibly updating the New Meeting Packet to include sponsorship information. Bonnie K. spoke against this motion, stating that it will "connect with the other items." Gail spoke against this motion, stating it is "too vague." Rachele V. presented a possible document that could be used as guidance.

Omer G. made a motion to lay the first motion on the table for later discussion. Gail seconded the motion. Lise agreed to allow this. Motion passed unanimously.

The conference then broke to a Committee of the Whole, to allow for free discussion regarding the Sponsorship Workshop ballot item.

Omer G. made a motion to bring the Sponsorship Workshop motion back to the table. Gail seconded the motion. Motion passed unanimously.

Omer G. made a motion to refer the new document on the Sponsorship Workshop to the Literature Committee for review. Joy seconded the motion. After some discussion, Omer withdrew the motion.

Lise A. restated her motion to create a Sponsorship Workshop with guidelines on how to be a sponsor or co-sponsor and a sponsee, with the new document presented by Rachele V. to be sent out to the fellowship as a draft copy that can be used. Joy seconded the motion.

The final vote was 6 for, 3 against, and 0 abstaining. **Motion passed.**

Ballot Item #2: Submitted by IL005 - Asking that a motion be made to have a Sponsorship Pamphlet made by the WSO and made available for membership distribution.

History: The pamphlet available now is out-dated, and does not reflect the language from the ACA fellowship text.

Omer G. made the motion for ACA WSO to create a new Sponsorship Pamphlet and make it available for membership distribution. Bonnie K. seconded the motion. In discussion, Lise A. wanted to declare the motion as moot. Omer withdrew this motion, due to a tentative new pamphlet already having been created. Rachele presented two such possible pamphlets. Joy C. made a motion for delegates to look at both possible new pamphlets to be used for membership distribution. Omer G. seconded the motion. **Motion passed unanimously.**

The conference broke into a Committee of the Whole, again for free discussion of the two new sponsorship pamphlets.

11:45 A.M. - Conference broke for lunch.

1:30 P.M. - Conference resumed with further ballot items.

Ballot Item #3: Submitted by WI077 - Asking that a motion be made to create a Sponsorship Committee with the purpose of increasing the Sponsorship concept within the ACA community, including developing pamphlets for guidance in this area of recovery.

History: A member was deeply involved in ACA recovery about 18 years ago and at that time there was a lack of sponsorship focus. He/she was fortunate to find his/her first sponsor in an ACA meeting. The fact that, at least where he/she lives, there is still little ACA sponsorship is troubling. AA was basically Bill and Bob working one on one. This seems to be the basis of sponsorship. It worked then and he/she sees this relationship working every day in the recovery community.

Joy made the motion to create a Sponsorship Committee with the purpose of increasing the sponsorship concept within the ACA community, including developing pamphlets for guidance in this area of recovery. Bonnie K. seconded this motion. In discussion Gail asked if the motion could be amended to forming a Sponsorship Sub Committee that would serve within the Outreach Committee. This was agreed on.

Gail then made a motion that amended the original motion, to

## Summary Minutes of the 2010 Annual Business Conference– continued...

create a Sponsorship Sub Committee that will serve within the Outreach Committee, with the purpose of increasing the sponsorship concept within the ACA community. Final vote was 6 for, 1 against, and 3 abstaining. **Motion passed.**

Ballot Item #4: Submitted by IL005 - Asking that a motion be made to create an ACA group inventory document.

History: We do not have one.

Omer G. made a motion to create an ACA Group Inventory document of suggested guidelines for groups and individuals to use at ACA meetings. Gail seconded the motion. **Motion passed unanimously.**

4:00 P.M. - Discussion about the new 25 Questions Pamphlet presented by Omer G. There was agreement all around that the Literature Committee will continue to work on that pamphlet.

Group discussion of “ACA Unity and Consistency.” Many members spoke of their ideas regarding these two topics:

Omer G. - ACA has distinct differences from other 12 Steps programs. The ACA identity is established by the ACA 12 Steps & Traditions, the Problem, the Solution, and the Promises. ACA is also different from group to group.

Josie E. - Need is still there for singleness of purpose. Talked about how ACA is finally affecting her family members. Said that miracles happen when the program is worked.

Yeshe - Hopes that remoteness of area does not take away from purpose and how it is spread.

Lise A. - Likes the ACA Tradition #5 as the purpose. Said she chose ACA over other programs for many reasons. Likes that there is no wrong way to work the ACA program.

Gail - ACA literature is showing where the fellowship is going. It gives the concept of what recovery looks like.

Bonnie K. - Plans to take the ACA fellowship text and the new 25 Questions pamphlet to a retreat that she attends annually, as she feels there are many people at that retreat who will be interested in the ACA message.

Phyllis R. - Believes that the “key” message in the ACA program is self-parenting and self-love.

Marcheita - Talked about a “social visit” she had with a woman about what ACA is really about. Talked about comments made by other 12 Step program people who feel that ACA cannot be worked without other 12 Step work.

Susan - There is a definite difference in ACA focus from other 12 Step programs.

Scott - Likes that early in recovery one can seem to be on a “pity pot” to voice what got him/her into the program. Acceptance of newcomers is so important.

Rachele V. - Spoke of there being no singleness of approach in ACA; each person discovers what the ACA message is for them. The primary message is one of hope.

George S. - Wants only ACA literature at meetings. Said there is plenty of time to read other material outside of meetings. Also said there is plenty of ACA information to discuss during ACA meeting time. Also “owned” this as his own “insecurity.”

Joy - Is very grateful for the ACA purpose & message. Said she didn’t “qualify” for other 12 Step programs, so is glad ACA is available.

Nancy - Talked about the history of 12 Step programs and how all of them have helped her throughout her life.

5:00 P.M. - Continued conference discussion of ideas.

Omer G. made an announcement of a call to service for ACA committees and Board of Trustees.

Rachele asked if we could tell our stories about how we each came to the ACA.

Scott R. - Said he dialed in to a bulletin board on ACA material. Said that an employee he had at the time also got him information from an ACA meeting. Said that he felt a lot of shame and fear at his first meeting, but that finding acceptance there was helpful.

Lise A. - Said she read a book by Janet W. Said she identified with the Laundry List. Also said she was influenced by a friend.

Layla - Said she was married to an alcoholic. Said she first attended Al-Anon, but that she had ACA issues that her Al-Anon sponsor could not help her with. Said she attended an ACA/Al-Anon retreat and identified better there than in Al-Anon meetings. Said that ACA meetings “fit like a glove.” Said she then found the web site and read “ACA Is.” Then started her own ACA meeting.

Omer G. - Said he was attending an AA convention and met a lady who mentioned a counselor who treated ACAs. Told about what it took to get in touch with that counselor. Said that he was greeted by name when he went to her office after many phone call attempts. Told of how she helped him to make the connection between Big Omer and Little Omer.

Marcheita - Said she read Claudia B.’s book. Said that talk of inner child was common during that time. Said that she read other books and attended Al-Anon and AA meetings. Said she went to an ACA meeting to talk about emotions. Said she had AA slip while taking care of her mother in her childhood home after her mother had a stroke. Said she got scared when she stood up to her mother for the first time. Also said that a friend brought ACA to her.

Phyllis R. - Said that a friend told her that ACA “was a nice place to meet people.” Said that first meeting did not go well, but that the second one she tried was a “better fit.” Said she still felt she did not have the “same problems” as others. Said she was validated by other member as having “her own problems.” Also said that for her negative experiences are there to teach.

George S. - Said that his wife found books for him when he was “falling apart.” Said he went to a counselor who worked on childhood trauma. Said he was given the ACA fellowship text and started a local meeting on his own.

## Summary Minutes of the 2010 Annual Business Conference, continued...

Josie E. - Said she had "a rage" in a psychiatrist's office. Said the psychiatrist told her about ACA meetings. Said that she saw ACA traits in her daughter. Said she went to her first ACA meeting with a plan to take her own life right after that meeting. Said she listened to a meeting member who had the same story a year before, and changed her mind.

Linda L. - Told about how she "tripped over" Josie while doing research on alcoholism in her undergrad program at college. Told about how she started answering research questions that Josie did not have time to answer as the outreach person for the ACA fellowship. Told of how she gradually started answering all requests for information, and about starting the first Outreach Committee.

5:30 - Omer G. made a motion to close the conference. George S. seconded the motion. Motion passed unanimously.

Meeting was closed with the Serenity Prayer.

### Sunday, April 25, 2010

9:00 A.M. - Review of ACA WSO goals for the coming year

Josie E. - To get 1% of what she wants to see happen accomplished.

Omer G. - To continue to serve the ACA fellowship through the office, through outreach, and through literature, and to help groups grow. Also wants to attract more people to service in some capacity.

Phyllis R. - Wants to start another local meeting in Prescott. Wants to help the WSO grow in strength and support of the fellowship.

George S. - Wants to keep ACA running and healthy in Atlanta. Wants to get the message out the way it is supposed to be. Wants to complete the new H&I pamphlet. Wants to prepare to be chairperson for the Board of Trustees.

Linda L. - Wants to get a meeting started in Sunnyside. Wants to help the new Sponsorship Sub Committee develop into a committee of its own standing.

Lise A. - Wants to look at what has happened during her service term and evaluate it.

10:00 A.M. - The annual in-person meeting of the ACA WSO Board of Trustees was convened.

**Note:** Motions approved by the Annual Business Conference on Saturday were submitted to the Trustees for discussion and possible board action on Sunday.

All four motions of the 2010 ABC were approved for action by the Trustees. Additionally, the Board elected Phyllis R., of Arizona, as Chair of the newly formed Sponsorship Sub-Committee.

The "Sponsorship" pamphlet and "Sponsorship Workshop" guide reviewed by the 2010 Annual Business Conference will be circulated to the fellowship this year for use and consideration.

## The ComLine Needs You!

If you would like to

- ⇒ share about one of the ACA Traditions
- ⇒ share your experience, strength, or hope in ACA recovery
- ⇒ or update the fellowship about what's going on with ACA in your region,

just send us an article!

### ComLine Guidelines

Articles may be submitted for publication by mailing them to ComLine, PO Box 3216, Torrance, CA 90510, or by submitting them electronically through the web form found at [www.adultchildren.org](http://www.adultchildren.org). Articles which are not used will be returned only if accompanied by a self-addressed, stamped envelope.

Articles will be selected for publication at the discretion of the editorial staff. Articles which might violate the Twelve Steps or the Twelve Traditions of ACA will not be printed. Profanity, related euphemisms, personal attacks on others, and libelous statements will not be used. Authors will be listed with a first name and last initial only, even if it's a pseudonym.

### ComLine Subscriptions

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Inside the US:	\$16.00/ year
Canada:	\$19.25/ year (USD)
International:	\$24.00/ year (USD)

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Remember: the ComLine Archive can be accessed through the ACA WSO forum at <http://www.acawso.org/ipb/index.php?showforum=40>

ComLine editions published since 2004 are available to read or download, and new issues are posted each month!

## Seventh Tradition Contributions to ACA WSO- April 2009 to March 2010

**April 2009: Total \$1,226.50**

DC 010 - Washington , DC	50.00
TX 072 - Friendswood , TX	94.50
FIN 001	200.00
NY 038 - Manhattan , NY	200.00
CA 863 - Petaluma , CA	20.00
Anonymous	662.00

**May 2009: Total \$1,285.02**

CA 510 - Los Angeles , CA	370.00
MD 024 - Columbia , MD	25.00
CA 719 - Ventura County , CA	40.00
CA 864 - Ventura County , CA	80.00
FL 103	50.00
TN 029 - Hendersonville , TN	34.50
CAN 152 - Canada	81.91
CA 822 - San Diego , CA	25.00
LA016 - Lake Charles , LA	45.00
IL004 - Wilmette , Illinois	50.00
Anonymous	483.61

**June 2009: Total \$1,902.20**

AUS 042 - Bundaberg , Australia	15.00
MN045 - Minneapolis , MN	110.00
OR 085 - Oregon	15.00
TX 077 - Webster , TX	100.00
DEN013 - Denmark Intergroup	185.00
CA939 - San Clemente , CA	20.00
CA 920- West Lake Village , CA	82.00
MI 077 - Southfield , MI	55.00
HI 010 - Honolulu , HI	50.00
CA 719- Thousand Oaks, CA	34.00
CT 082 - Seymour , CT	30.00
PA 041 - Abington , PA	80.00
CA 915 - Arroyo Grande , CA	64.10
CA 898 - San Diego , CA	100.00
CA 942-San Diego, CA	100.00
Anonymous	862.10

**July 2009: Total \$2,137.67**

CA 612 - San Leandro, CA	100.00
CAN 099 - Ontario, Canada	70.56
PA 076 - Oaks, PA	75.00
AZ 083 - Mesa, AZ	50.00
MN 115 - Minneapolis, MN	15.00
NY 038 - Staten Island, NY	200.00
CA 717 - Santa Monica, CA	75.00
NJ014 - Toms River, NJ	100.00
CA 915 - Avila Beach, CA	17.56
DC 104 - Arlington, VA	900.00
CA 915 - Arroyo Grande, CA	10.00
CT 087 - Guilford, CT	15.00
Anonymous	509.55

**August 2009: Total \$484.65**

TX 73 - Ft. Worth, TX	30.00
WI 072 - Appleton, WI	58.65
MI 076 and MI 077 - Michigan	50.00
DE 002 - Newark, DE	30.00
CA 682 - San Jose, CA	25.00
LA 016 - Lake Charles, LA	45.00
MN 113 - Minnesota	10.00
MN 096 - Minnesota	12.00
Anonymous	224.00

**September 2009: Total \$1,965.45**

Aus 047 - Cairns, Australia	140.00
OR 090 - Portland, OR	46.00
CA 755 - Pasadena, CA	40.00
IL 005 - Hinsdale, IL	295.20
CA 864 - Thousand Oaks, CA	150.00
CA 952 - Oceanside, CA	40.00
OK 019 - Tulsa, OK	50.00
IL 193 - Downers Grove, IL	56.00
NJ 019 - Hoboken, NJ	30.00
HI 010 - Honolulu, HI	50.00
HI 016 - Hilo, HI	50.00
CA 948 - Redlands, CA	50.00
MA 029-Milton, MA	60.00
FL 132 - North Miami Beach, FL	25.00
GA 021- Marietta, GA	37.00
TX 074 - San Juan, TX	25.00
CA 920 - Thousand Oaks, CA	50.00
FL127 - Hollywood, FL	37.85
MA 027 - Milton, MA	10.00
MN 115 - Edina, MN	30.00
FL 132 - Miami, FL	50.00
NY 071 - Sag Harbor, NY	52.00
IA 023 - Des Moines, IA	25.00
OH 046 - Akron, OH	25.00
TX 077 - Webster, TX	50.00
CA 825 - San Diego, CA	100.00
CA 942 - San Diego, CA	100.00
Anonymous	291.40

**October 2009: Total \$1,212.14**

IL 123 - Chicago, IL	20.00
MN 045 - Minneapolis, MN	40.00
FL 132 - Miami, FL	33.00
AUS 042 - Bundaberg, Australia	106.94
IL 195 - Lake Forest, IL	12.00
CA 719 - Thousand Oaks, CA	75.00
CA733 - Santa Monica, CA	75.00
NJ 014 - Toms River, NJ	100.00
MN 111 - Brooklyn Park, MN	15.00
CA 903 - Carmichael, CA	100.00
CA 682 - Palo Alto, CA	25.00
Anonymous	610.20

**November 2009: Total \$2,147.99**

CAN 141 - Nova Scotia, CAN	50.00
LA 016 - Lake Charles, LA	45.00
CA 612 - San Leandro, CA	337.13
FL 103 - P oke County, FL	50.00
FL 135 - St. Petersburg, FL	10.00
MI 109 - Marquette, MI	15.00
MA 029 - Milton, MA	60.00
NY065 - Pelham, NY	200.00
GA 021 - Marietta, GA	73.00
HI 013 - Keaau, HI	532.98
FL 135 - St. Petersburg, FL	3.00
AZ065 - Prescott, AZ	5.00
CA 717 - Santa Monica, CA	75.00
IL 172 - Deerfield, IL	100.00
CAN 020 - Toronto, CAN	22.96
WI 045 - Green Bay, WI	243.92
FL 132 - Miami Beach, FL	26.00
CA 863 - Petaluma, CA	50.00
CA 968 - Palm Springs, CA	50.00
Anonymous	199.00

**December 2009: Total \$1,967.94**

SWE 037 - Lund, Sweden	278.00
CA 920 - Westlake Village, CA	36.00
OK 001 - Tulsa, OK	200.00
HI010 - Honolulu, HI	100.00
CA 218 - Oakland, CA	300.00
MD 024 - Columbia, MD	50.00
FL 125 and FL 113 - Largo, Florida	20.32
AZ 073 - Flagstaff, AZ	150.00
WI 067 - Madison, WI	60.00
NY 071 - Sag Harbor, NY	73.00
IL 147 - Bolingbrook, IL	350.00
FL 132 - Lauderhill, FL	54.00
NY 075 - Bronx, NY	81.00
MI 113 - Westland, MI	10.00
FL 135 - St. Petersburg, FL	25.00
FL 126 - St. Petersburg, FL	25.00
CAN 141 - Nova Scotia, Canada	45.82
Anonymous	109.80

**January 2010: Total \$1,482.75**

CA 717 - Los Angeles, CA	80.00
MA 028 - Arlington, MA	50.00
OR 079 - Portland, OR	42.00
DC 014 - Washington, DC	200.00
CAN 099 - Toronto, Canada	111.75
AL 020 - Birmingham, AL	20.00
CAN 290 - Ontario, Canada	25.00
NJ 014 - Toms River, NJ	50.00
CT 072 - Fairfield County, CT	25.00
PA 076 - Oaks, PA	240.00
MN 096 - Burnsville, MN	16.00
OK 019 - Tulsa, OK	67.87
IG 575 - Montreal, Canada	116.13
CA 898 - San Diego, CA	120.00
CA 942 - San Diego, CA	120.00
OR 085 - Ashland, Oregon	10.00
Anonymous	189.00

**February 2010: Total \$1,406.16**

IL 147 - Elk Grove Village, IL	50.00
WI 076 - Madison, WI	20.00
CT 083 - Watertown, CT	41.36
MI 061 - Westland, Michigan	40.00
TN 013 - Johnson City, TN	50.00
MN 121 - Hopkins, MN	30.00
CA 682 - Palo Alto, CA	60.00
AUS 042 - Bundaberg, Australia	50.00
FL 125 and 113 - Largo, FL	15.20
FL 125 and 113 - Largo, FL	28.00
CA 998 - Irvine, CA	60.00
CA 960 - Encinitas, CA	50.00
HI 013 - Hawaii	50.00
NM 022 - Albuquerque, NM	30.00
IL 005 - Hinsdale, IL	160.00
LA 016 - Lake Charles, LA	45.00
CA 428 - Norwalk, CA	47.00
Anonymous	826.56

**March 2010: Total \$688.25**

CA 682 - Palo Alto, CA	40.00
MI 077 - Rochester, MI	40.00
MI 113 - Westland, MI	25.00
PA 053 - Philadelphia, PA	25.00
NY 075 - Bronx, NY	61.00
MA 035 - South Boston, MA	20.00
CA 755 - Pasadena, CA	25.00
WI061 - Oshkosh, WI	77.00
RU001 - Moscow/Russia	20.00
NJ 014 - Toms River, New Jersey	50.00
MN 115 - Edina, MN	35.00
Anonymous	270.25

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04/02/10

Accrual Basis

**ACAWSO**  
**Profit & Loss Prev Year Comparison**  
 April 2009 through March 2010

	Apr '09 - Mar 10	Apr '08 - Mar 09
<b>Income</b>		
7th Tradition	17,727.22	12,522.56
ACA Fellowship book purchase		
California Sales	17,385.35	15,171.12
Postage	21,756.70	15,268.60
ACA Fellowship book purchase - Other	91,373.00	74,926.10
<b>Total ACA Fellowship book purchase</b>	<b>130,515.05</b>	<b>105,365.82</b>
Bank Interest	115.67	470.99
California Sales Tax	2,485.69	1,257.86
ComLine Subscriptions	1,320.21	1,022.50
Fellowship text index		
California sales	97.50	0.00
Fellowship text index - Other	566.25	0.00
<b>Total Fellowship text index</b>	<b>663.75</b>	<b>0.00</b>
Handbook Contribution	54.04	100.00
Literature Sales		
California Orders	2,436.65	1,362.16
Designated Postage	2,086.80	328.85
Literature Sales - Other	10,999.14	3,841.81
<b>Total Literature Sales</b>	<b>15,522.59</b>	<b>5,532.82</b>
Uncategorized Income	0.00	20.00
Workbook Purchase		
California Sales	9,386.00	6,738.85
Postage	2,612.05	1,978.45
Workbook Purchase - Other	42,310.25	30,745.03
<b>Total Workbook Purchase</b>	<b>54,308.30</b>	<b>39,462.33</b>
<b>Total Income</b>	<b>222,712.52</b>	<b>165,754.88</b>
<b>Expense</b>		
ABC Committee		
Meals/Drinks	15.29	0.00
Miscellaneous	59.97	140.43
Room Rental	50.00	0.00
Transportation/Lodging	1,121.15	1,903.34
ABC Committee - Other	442.31	1,411.17
<b>Total ABC Committee</b>	<b>1,688.72</b>	<b>3,454.94</b>
Accounting	0.00	0.00
Accounting Services	250.00	3,460.00
Bank Fees	334.99	138.00
Business Taxes/Licenses	25.00	0.00
ComLine Expenses	2,797.60	2,358.31
Dining	0.00	50.84
Fellowship text expenses	58,182.02	38,543.46
Government Fees	0.00	25.00
H&I Committee	1,102.02	846.85
Insurance		
Bond insurance	201.00	0.00
Liability	1,484.00	1,595.00
Workers Compensation	1,674.00	901.00
<b>Total Insurance</b>	<b>3,359.00</b>	<b>2,496.00</b>
Legal Fees	720.00	1,726.14
Literature Committee		
Contract Workers	0.00	2,854.98
Purchase	404.23	14.67
Resale		
Chips	10,347.91	0.00
Resale - Other	8,532.43	0.00
<b>Total Resale</b>	<b>18,880.34</b>	<b>0.00</b>

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04/02/10  
Accrual Basis

**ACAWSO**  
**Profit & Loss Prev Year Comparison**  
**April 2009 through March 2010**

	Apr '09 - Mar 10	Apr '08 - Mar 09
Literature Committee - Other	45.20	5,859.06
<b>Total Literature Committee</b>	<b>19,329.77</b>	<b>8,728.71</b>
Miscellaneous	0.00	0.00
<b>Office Expenses</b>		
Office equipment/machines	1,363.26	0.00
Office Supplies	4,946.64	3,454.24
Postage	38,161.50	22,904.86
Printing	385.52	480.93
Rent	19,276.66	14,571.00
Storage rental	0.00	1,956.00
Utilities		
Gas & Electric	499.43	680.44
Telephone/Internet Services	3,089.95	2,028.36
<b>Total Utilities</b>	<b>3,589.38</b>	<b>2,708.80</b>
Office Expenses - Other	0.00	2,995.42
<b>Total Office Expenses</b>	<b>67,722.96</b>	<b>49,071.25</b>
<b>OutReach Committee</b>		
Booth/registration costs	483.94	0.00
Miscellaneous	275.97	86.20
Transporation/lodging	54.00	1,791.08
OutReach Committee - Other	0.00	236.73
<b>Total OutReach Committee</b>	<b>813.91</b>	<b>2,114.01</b>
Pay Pal Fees	6,531.23	4,470.13
Payroll Expenses	50,316.64	14,491.25
Refund	37.86	188.91
Tax		
Sales	1,784.58	1,501.78
<b>Total Tax</b>	<b>1,784.58</b>	<b>1,501.78</b>
Web and Support	991.43	803.19
<b>Total Expense</b>	<b>215,987.73</b>	<b>134,468.77</b>
<b>Net Income</b>	<b>6,724.79</b>	<b>31,286.11</b>

## Highlights of the 2010 ACA WSO Treasurer's Report

This year has brought in more income than ever before for the WSO. However, the expenses have also been more than ever before, due to the opening of our Signal Hill Office in California (with 6 part-time employees) and printing costs of our fellowship text and workbook. The office was opened up with Michele L.'s fine ability to organize as well as knowing how to get so much done! She purchased equipment – phones, tables, shelving, desks, insurance, etc. - that was needed and was also able to find 'donations' of necessary items. This was accomplished before the April 2009 ABC, but I mention it here because of the comparison Profit and Loss included with this report.

Along with the annual Profit and Loss report, I've also compiled an actual accounting comparison of the last two years – thanks to Quick Books. However, I'd like to *highlight* a few items that may not be clear if you read down each item on the Profit and Loss report. Here are some actual figures for the year from April 2009 through March 2010:

- Total Income: \$222,712.52
- Total 7<sup>th</sup> Tradition contributions: \$17,727.22
- Total Expenses: \$215,987.73
- Total amount of postage collected: \$26,455.55
- Total payroll for six part-time workers: \$50,316.64
- Total amount spent on office rent: \$19,275.66
- Total amount spent on phones / internet: \$3,089.95
- Amount paid to PayPal for their service: \$6,531.23
- Total amount spent on insurance: \$3,359.00
- Legal Fees: \$720.00
- Literature expenses (producing books, table literature, and chips): \$77,062.36
- Amount in the checking account on April 1, 2010: \$28,266.24
- Amount in the savings account on April 1, 2010: \$59,263.81
- Net income between April 2009 and March 2010: \$6,724.79

Yours in Service,  
Phyllis R., ACA WSO Treasurer

## Highlights of the 2010 ACA WSO Literature Committee Report

We have been busy shipping books & literature out all over the world this year. Our office staff of 6 part time employees work like crazy to keep up with the demand. There are also a few new pieces of literature we want to add to our approved literature list:

- Russian translations of the "Identity Papers"
- ACA Sponsorship Pamphlet - Two versions have been submitted to the Literature Chair to review. I am submitting both to the Literature Committee as I see value in each. I would ask the board to review both and decide which we will approve as literature.
- New pamphlet: "25 Questions: Am I an Adult Child?"
- ACA Meditation Book Project - Guidelines for submitting any writings for consideration for this book project have been posted on the ACA WSO website.

Books - Our reorder point for the ACA Fellowship Text has increased due to the steady increase of orders we receive monthly.

Trifolds - We have only updated the format of the "ACA is..." trifold. We plan to resume the revamping of our current literature pieces. I hope to have my committee complete this by the end of the year.

Website - I would like to work in connection with our website workers to ensure that all of our previously approved literature is posted on our main website. Currently there are a few pieces missing from the site, and all of our previously approved international literature is missing as well.

Thank you for letting me be of service,

*Michele L., ACA WSO Literature Committee Chair*

## Highlights of the 2010 ACA WSO Outreach Committee Report

During the past year, there were in excess of 977 emails responded to by the Outreach Committee. Some requests were also forwarded to specific WSO board or committee members for response. Information requests included but were not limited to:

- ACA Text/Workbook questions
- Local Meeting Information
- New Meeting Information
- Phone Bridge Meeting Information
- Online Meeting Information
- General Meeting Information
- Non-English Speaking Meeting Schedules
- General ACA Information
- ACA Literature Information
- Sponsorship Information
- Support for ACA Families Information
- OPPM Information
- ACA Forums Information
- 7th Tradition Information
- General Donations Information

- Translation Information
- ACA Events Information
- Referral Information from Professionals
- Liability Insurance Information
- Religion in ACA Information

There also seems to have been more international interest in ACA this past year. Requests of various types came from Scotland, Australia, the United Kingdom, Sweden, Guatemala, and the Czech Republic.

Although I found it necessary to take a leave of absence during the past year, it is again, and will remain a true pleasure being able to return to the ACA WSO as a trusted servant. I look forward to continuing to handle the Outreach Committee with the kindness, consideration, and above all professionalism that the fellowship deserves. Thank you for welcoming me back.

Yours in Service,

*Linda L., ACA WSO Outreach Committee Chair*

## Highlights of the 2010 ACA WSO Web and Forum Report

The ACA Community Forum (accessible from the ACA WSO website at [www.adultchildren.org](http://www.adultchildren.org)) continues to be active, with upwards of 300 new members each month, and up to 500 active members accessing the forum each month. It continues to serve as an outreach to those either not ready to attend a face-to-face meeting, or who have no such meeting in their local area. I am continually amazed at the world-wide outreach being provided through this forum. Linda L. has also begun an ACA meeting using the Chat Room function on the forum.

We currently have 756 active ACA meetings listed in the fellowship's meeting database, as compared to 675 meetings in September 2009 (records prior to that time are no longer available). This searchable list of U.S. and International meetings can be accessed from the ACA WSO homepage.

*Scott R., ACA WSO Webmaster and Forum Administrator*

The following list details, by country, the active ACA meetings listed in our world-wide meeting database:

USA	462	Hungary	3
Sweden	60	France	3
Denmark	37	Japan	3
Canada	36	Netherlands	3
Finland	26	Switzerland	3
U.K.	14	Venezuela	2
Mexico	13	Norway	2
Ireland	11	Spain	2
Internet	10	Czech Rep.	2
Australia	10	Belgium	2
Russia	10	Israel	1
Telephone	10	New Zealand	1
Guatemala	7	Portugal	1
Italy	7	Romania	1
Panama	4	Slovenia	1
Turkey	4	Dom. Rep.	1
Germany	3	Latvia	1

## Highlights of the 2010 Hospitals and Institutions Committee Report

The role of the Hospitals and Institutions (H&I) committee is to bring the message of ACA to those in hospitals, prisons, and other institutions wishing to recover from the effects of growing up in an alcoholic or otherwise dysfunctional family.

Because inmates and those in institutions have often suffered the abuse common among adult children, it is especially important to bring the message of ACA recovery to these populations.

The opportunity exists to make great headway in the area of Hospitals and Institutions for the remainder of 2010. Some action items being addressed are:

- Evaluating the approaches and tools used by other 12-Step groups and their procedures for working with H&Is. (Many other 12 Step groups have a comprehensive procedure for H&Is.)

- Identifying existing ACA information on H&Is, including specific pages in the Big Red Book that cover H&I. (What is an H&I? pgs. 351, 546; Hospitals and Institutions Meetings or Prison Meetings: pgs. 614, 615)
- Providing a comprehensive booklet(s) specifically related to H&Is so that Intergroups and ACA members doing service work know how to best approach and bring the fellowship of ACA to these areas.
- Implement the suggestions from the Big Red Book, and elaborate on this information to include safety issues, privacy and boundary considerations, and do's and don'ts.
- Assisting members, groups and intergroups in starting meetings in hospitals and other institutions.

*George S., ACA WSO Vice-Chairman and H&I Committee Chair*

## Highlights of the 2010 ACA WSO Handbook Committee Report

The ACA Handbook Committee had a productive year overseeing the sixth printing of the ACA Fellowship Text (Red Book) and the fifth printing of the Twelve Steps of Adult Children workbook. Since the publication of the ACA Red Book in November 2006, we have printed 24,000 copies. The sixth printing of the Red Book involved adding an index and placing the fellowship name - Adult Children of Alcoholics - on the front cover. Orders for the ACA Red Book, Workbook and other ACA literature continue to increase. Currently, the ACA WSO office is shipping about 1,200 to 1,400 Red Books and Workbooks to groups and individuals each month across the world.

Additionally, the Handbook Committee continues to work with the ACA WSO Literature Committee to oversee translations of ACA conference-approved literature. The ACA message has international appeal, and Adult Children across the world identify with the Laundry List and the ACA Solution through the Twelve Steps and Traditions. Translations of Adult Children of Alcoholics literature are prioritized and conducted based on funding available and as work loads permit. Currently, various groups, Intergroups and individuals are translating the ACA Fellowship Text, ACA workbook, and ACA pamphlets.

To date spending on all translations since April 2007 is \$4,155 (US currency). This amount has been spent primarily on Finnish, Spanish, Danish and Russian translations. In May 2008, ACA WSO also set aside \$1,000 to be spent on Spanish verifications in anticipation of a committee being formed by Spanish speaking ACA members. Additionally, we have been contacted by ACA members in Sweden, Poland, Portugal, Netherlands, Italy, Norway, Brazil and Canada interested in translating ACA literature. For the remainder of 2010, the ACA WSO Literature Committee and Handbook Committee have estimated the amount of funding needed for translations will be about \$2,000. This includes the \$1,000 set aside for Spanish translations.

As stated, the verification of translated ACA literature will proceed as funds and work loads allow. The Finnish Translation Committee is expected to complete the translation of the ACA Fellowship Text in April 2011. The Finns have translated about 500 pages of the ACA Red Book, leaving about 200 pages remaining. When the translation is completed next year, the Finns

will be expected to pay for the design and publication of a preliminary approval draft of the book overseen by ACA WSO. All copyrights are retained by ACA WSO on behalf of the fellowship. This is outlined in the ACA WSO translation agreement, which is modeled after a standard translation agreement of Twelve Step fellowships.

This preliminary draft of the Finnish translation will have undergone a summary review for grammar, spelling, content and meaning. Upon approval by the ACA WSO Board of Trustees, the translated text is expected to be a soft cover book marked as "preliminary, temporary draft, subject to final review by ACA WSO." The draft will be acceptable for use in ACA meetings.

In about two years, ACA WSO will need to allocate funds for a word-for-word review for a final draft of the Finnish ACA Red Book. This could cost an estimated \$5,000 to \$10,000.

The Danish Translation Committee is also translating the ACA Red Book but their completion date could be 18 months to 24 months from now.

When thinking ahead to the completion of these two projects, this means that within the next two to four years, ACA WSO will need to allocate between \$10,000 and \$20,000 to verify the Finnish and Danish translations of the ACA Fellowship Text. The funds will be for the word-for-word review since the summary review will already be completed. The Handbook Committee submits this estimate to help ACA WSO prepare for this upcoming expenditure.

Regarding Spanish translations, we currently have several chapters of the ACA Fellowship Text translated into Castilian. The entire ACA Workbook has also been translated into Castilian, and there are a few ACA pamphlets translated into various dialects of Spanish. A newly formed Spanish Translation Committee will continue these translation efforts.

Finally, the Russian translation of the Identity Papers has been verified and is ready for WSO approval. WSO has spent \$970 for this verification, which includes preliminary work to verify the Newcomer Pamphlet as well.

*Omer G., ACA WSO Handbook Committee Chair*

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